

We like to make things easy! Don't lose sleep over sizing! Just buy your T-Shirt/Dress size! The Liffit™ sling is available in a large range of easy to use sizes according to ladies dress size or men's chest measurements. If you are a perfectionist, you can double check your size with a tape measure from your shoulder diagonally across to your opposite hip, but don't lose sleep over it! As part of our service we are pleased to exchange garments as often as it takes for you to feel satisfied with the fit.

SIZE	1	2	3	4	5	6
Shoulder to Hip measurement	23"	24"	25"	26"	27"	28"
Ladies T-shirt size	XS	S	M	L	XL	XXL
Ladies Dress Size	8-10	10-12	12-14	14-16	16-18	18-20
Men's T-Shirt size				S	M	L

The Liffit™ sling is so simple and easy to use because it is **not** a 'one size fits all' sling. It is important however, that the correct size is worn to achieve maximum comfort for baby and wearer. You will know if the sling feels too loose (baby will be too low on you) or too small (you can't get baby in the sling!).

Because the sling is made to fit the wearer it will suit you and your baby from birth through toddlerhood, up to the age of 2. As your baby grows, you will not need to buy another Liffit™ sling, although you will soon want one for every occasion!